



Mushroom Madness! Overview

In this unit students will learn that mushrooms are healthy for our bodies and good for the planet. Teachers will lead students through a series of lessons that will prepare them for helping the kitchen staff cook a healthy mushroom recipe.

Lesson

1

Students will make inferences and predict that we will be learning about mushrooms. They will then explore the steps of the mushroom growing process.



Lesson

2

Students will learn about the different types of mushrooms, use the 5 senses to describe their attributes and build a clay model of a mushroom. Students will also explore the health benefits of mushrooms and how they promote environmental sustainability.



Lesson

3

Students will use linking cubes for a measuring activity, then will help the kitchen staff prepare a mushroom avocado quesadilla recipe.

